

01

Visit
www.sigmoidwellbeing.com

02

Create an account
By clicking "log in" in
the top right corner of
the screen

03

Wait for
approval
This usually takes no
more than a few
hours

04

Log In
Using the username and
password you chose
during sign up

05

Click on "Get
Started"
In the drop down menu in
the top right corner of the
screen

06

Read and
complete
Complete the
modules in
sequential order.
Dont forget to check
your knowledge and
download your
certificate

How to use Sigmoid Wellbeing Portal